FRIDAY
AUGUST 25, 2017

The Freeport News

$1.00

EST. 1960/VOL. 59. NO123 GRAND BAHAMA'S FIRST NEWSPAPER http://thefreeportnews.com

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YOUR WEATHER

86°F

Variable cloudiness with a t-storm

SUNRISE: 6:51 a.m.
SUNSET: 7:42 p.m.
HIGH TIDE: 11:12 a.m. - 11:31 p.m.
LOW TIDE: 5:00 a.m. - 5:22 p.m.
WINDS: SSW at 8 mph

See Page 10 for full round-up

The Freeport News
BUSINESS PROFESSIONALS & SERVICE GUIDE

Whatever you're looking for, these local businesses ask you to consider them first.

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Shots ring out in South Bahamia

MAN'S LIFELESS BODY FOUND SLUMPED OVER STEERING WHEEL IN FRONT OF YORKSHIRE RESIDENCE

FATAL SHOOTING – Police were called to a residence on Yorkshire Drive in South Bahamia on Wednesday, August 23 after neighbors reported hearing gunshots in the area, which resulted in the fatal shooting of a young male. *(PHOTO: JENNEVA RUSSELL)*

ABRIA COOPER
FN Reporter
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The lifeless body of a male was found in the driver's seat of a vehicle in South Bahamia Wednesday (August 23) evening, after neighbors reported hearing gunshots ring out in that quiet community.

A team from *this daily* arrived on the scene around 10:15 p.m. and met the area cordoned off by yellow police tape, with a handfull of onlookers milling about.

As plain clothes and uniformed officers canvassed the scene collecting evidence and carrying out preliminary investigations, Assistant Commissioner of Police (ACP) for Grand Bahama and Northern Bahamas Clarence Reckley updated the media on what police found when they arrived on the scene.

According to Reckley, sometime around 9:45 p.m. officers were called regarding gunshots being heard in South Bahamia.

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HURRICANE HARVEY CONTINUES TO AFFECT ISLAND'S WEATHER

SHARELL LOCKHART
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The National Hurricane Center (NHC) on Thursday, August 24, 2017 issued an updated weather advisory on recently upgraded Hurricane Harvey, which continues to affect The Bahamas' sunny climate by a low pressure trough that produces drenching showers, thunderstorms and choppy seas.

Located over the southwestern Gulf of Mexico, Hurricane Harvey, according to the advisory issued for the North Atlantic and the Caribbean Sea, indicates, "A trough of low pressure near the Florida peninsula continues to produce disorganized showers and thunderstorms extending across The Bahamas, southern and central Florida and, the adjacent waters.

"Development, if any, of this system should be slow to occur while it drifts northward to northeastward during the next day or two (24 to 48 hours).

"Some tropical or subtropical development is possible over the weekend or early next week while the system moves northeastward over the western Atlantic before it merges with a front.

"Regardless of development, very heavy rain and flooding is possible over portions of the Florida Peninsula during the next few days."

With The Bahamas in the throes of the Atlantic Hurricane Season all are urged to pay attention to all weather reports and safeguard both home and property as taking preventative steps is always best in the event that a tropical wave, depression or storm (hurricane) threatens to make landfall in this archipelagic nation.

Additionally, residents are advised to exercise Hurricane Pre-season safety precautions inclusive of securing drinking water, non-perishable food items (canned juices, powdered milk, dried fruits, nuts, crackers, raw veggies, fresh bread etc.,) vitamins, aluminum foil, plastic storage

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Forbes discusses importance of good heart and blood vessel health

SHARELL LOCKHART
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Renowned Bahamian Cardiologist and Internist Dr. Winston Forbes discussed the importance of maintaining good heart and blood vessel health at the Rotary Club of Freeport meeting held at Ruby Swiss Restaurant on Thursday, August 24, 2017.

Providing health tips while dispelling common misconceptions regarding various heart conditions, Dr. Forbes pointed out, "Maintaining proper heart and blood vessel health is essential, as heart disease (Cardiovascular disease) is the number one killer in The Bahamas among both women and men, which is a fact that is completely contrary to popular belief that cancer tops the list.

"By maintaining good heart health we can prolong life helping to decrease morbidity and mortality; of course in order to do this one must control their risk factors.

"In The Bahamas, there is a running joke, which is not funny at all, however it states that if an individual does not have at least one relative with hypertension or diabetes then, he or she is probably not a Bahamian and that is definitely something that needs to change.

"Another popular misconception that has gained traction until a few decades ago suggests that women do not experience heart attacks at the same rate as men, however that is clearly false, as again, Cardiovascular disease is the number one killer of both sexes and more women tend to die as a result than men specifically right here on Grand Bahama.

"A factor that contributes to the aforementioned misconception involves the fact that oftentimes women, who present themselves to doctors with possible heart

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GUEST SPEAKER – Cardiologist Dr. Winston Forbes addressed members of the Rotary Club of Freeport during their weekly luncheon meeting at the Ruby Swiss restaurant. *(PHOTO: JENNEVA RUSSELL)*

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FILIZ READY CUT MACARONI....$1.19
CHEF CHOICE VINEGAR....$1.69
LEE SPECIAL AND CREAM CRACKERS....$1.69
BADIA MOJO MARINADE 20 oz....$2.29
BADIA SEASONED SALT 16 oz....$2.89
FLASH FESTIVAL 28 oz....$3.99
EVER DRY HAND TOWEL....$1.29
CASA NATURA BATH TISSUE 4 pk....$1.69
9" PLATES/ 28 oz BOWLS 25 ct....2/$2.89
8X8 10 ct PLATES....$1.49

MEAT SPECIALS
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WHOLE CHICKEN $1.79 lb
BEEF RIBS $2.39 lb
MEATBALLS $2.59 lb
SHEEP TONGUE $2.99 lb
OXTAIL $3.79 lb
FRESH PORK....$1.99 lb

BUSINESS HOURS: Mon. - Sat. 7 a.m. - 7 p.m., Sun. 7 a.m. - 3 p.m.
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